

~ 9D7N ~



Mesmerizing Iceland & Greenland

(Reykjavik-Selfoss-Vik-Narsarsuaq)

Tour Code: S9EIG-MH

Highlights:

UNESCO WORLD HERITAGE SITE

ICELAND:

- ✓ Visit the Reykjavik, the world's most northerly capital & largest city in Iceland
- ✓ The Golden Circle, 3 primary stops on the route are the national park Thingvellir, the waterfall Gullfoss and the geothermally active valley of Haukadalur, which contains the geysers Geysir and Strokkur
- ✓ Marvel the Myrdalsjokull glacier
- ✓ Visit the Skaftafell National Park, the largest national park in Europe
- ✓ A boat ride to the magnificent Glacial Lagoon Jokulsarlon
- ✓ Visit the most famous waterfall in the world! Seljalandsfoss Waterfall
- ✓ Visit the Blue Lagoon geothermal spa, one of the most visited attractions in Iceland

GREENLAND:

- ✓ Spend one night at the Narsarsuaq, a nature lover's paradise!
- ✓ An unforgettable experience to the Iceberg & Qaqortoq Glacier boat tour!

Cities/Nights of Stay

Iceland: Reykjavik (3N)

Selfoss (1N)

Vik (1N)

Greenland: Narsarsuaq (1N)

(Tourist class accommodation & on similar standard)

Delicacies

Yogurt / Smoked Lamb / Cheese /
Salted & Dried Haddock / Cod /
Sheep Stomach / Ram Cake /
Sheep's Blood Pudding

Day 1 Kuala Lumpur → London → Reykjavik, Iceland

- Depart to Reykjavik, the world's most northerly capital & largest city in Iceland. It combines colorful buildings, quirky people, a wild nightlife and a capricious soul to devastating effect.
- Much of Iceland is still taking shape before your very eyes – raw, dramatic landscapes born from volcanic eruptions and carved out by glaciers. Other parts have hardly changed since the first Viking settlers saw them more than 1,100 years ago. You'll experience wilderness and wildlife, energy and total calm, within easy reach wherever you stay, even on day trips. You can interact with Iceland's world of natural wonders in numerous ways.
- Upon arrival, we transfer you to hotel for check-in.

Day 2 Reykjavik (50km) → Golden Circle (55km) → Selfoss (Hotel breakfast/Western lunch & dinner)

- After breakfast, travel to **The Golden Circle** is a popular tourist route in South Iceland, covering about 300 km looping from Reykjavik into central Iceland and back. The three primary stops on the route are the national park Thingvellir, the waterfall Gullfoss and the geothermally active valley of Haukadalur, which contains the geysers Geysir and Strokkur.
- Begin our journey to visit the **Greenhouse Village of Hveragerdi** where abundant geothermal energy is used for growing fruits, vegetables and flowers.
- Visit the **Thingvellir National Park** - Thingvellir is a place in Blaskogabyggd in southwestern Iceland, near the peninsula of Reykjanes and the Hengill volcanic area. It is the site of a rift valley that marks the crest of the Mid-Atlantic Ridge. It is also home to Thingvallavatn, the largest natural lake in Iceland.

- **Visit Gullfoss in the geothermal area.** Gullfoss, or Golden Falls, is a waterfall located in the canyon of Hvítá river in southwest Iceland. About a kilometer above the falls it turns sharply to the left and flows down into a wide curved three-step "staircase" and then abruptly plunges in two stages (11meters and 21meters) into a crevice 32meters deep. The crevice, about 20meters wide is a very impressive place to visit. In this historical and natural phenomena area geothermal energy has been harnessed to create unique greenhouse cultivation
- Visit **Geysir** (also known as The Great Geysir), in the Haukadalur valley, is the oldest known geyser and one of the world most impressive examples of the phenomenon. Nearby you also find the geyser Strokkur, which may be smaller than Geysir but erupts much more frequently than Geysir, erupting to heights of up to 20metres every five minutes or so. Strokkur's activity has been affected by earthquakes, although to a lesser extent than the Great Geysir. There are around thirty much smaller geysers and hot pools in the area, including one called Litli Geysir ("Little Geysir").

Day 3 Selfoss (133km) → Myrdalsjokull Glacier (42km) → Vik (Hotel breakfast/Western lunch & dinner)

- Travel to marvel the **Myrdalsjokull** (1480metrers), is one of the largest glacier with an area of about 590 km². It rests on a very volcanically active mountain massif, which erupted very powerfully in 1918. Its volcano is called Katla and its caldera is estimated to have a diameter of about 10 km.
- Continue our journey to The village of Vík, is the southernmost village in Iceland.
- Sightseeing of Vik including a view of **Reynisfjall Cave** situated at the black-pebble beach of Reynisfjaraat. The beach is impressive with the cliffs, the black sand and the weird eroded rock formations It is a phenomenal basalt sea cave Hálsanefshellir (It is visible during the low tide). Also view the **Dyrholaey Bird Cliff**, amazing place to spot bird and if you are lucky, you may spot the puffins nesting on the cliffs.

Day 4 Vik (200km) → Jokulsarlon (60km) → Skaftafell National Park (170km) → Vik

(Hotel breakfast/Western lunch & dinner)

- Head out to the magnificent **Glacial Lagoon Jokulsarlon**, and follow in the footsteps of James Bond in "Die Another Day" and Lara Croft in "Tomb Raider". Jokulsarlon lagoon started to form in the early 1920s, and is growing bigger every year. You will see blocks of ice that have broken off Europe's biggest glacier, Vatnajokull, and are sailing slowly towards the ocean, which is only a mile away. Some of the icebergs are partially covered with volcanic ash from ancient eruptions, and look like sculptures, made by Mother Nature herself! At the lagoon you will have time to view this stunning area before **taking a boat ride**. But these are no ordinary boats! They are capable of driving short distances as well as sailing on water - something quite unique!
- Continue our journey to visit the **Skaftafell National Park**, the largest national park in Europe. It encompasses a breathtaking collection of peaks and glaciers and is the country's favorite wilderness. You can marvel at thundering waterfalls, twisting birch woods, and the brilliant blue-white Vatnajökull icecap - Earth's largest icecap outside the poles, weighing in at 3000 billion tones.
- On the way back to Vik, we will make a stop at **Kirkjubaejarklaustur**. Its geographical location makes it better known than other villages its size. An attraction close to the village is Kirkjugólf ("Church floor"), a natural pavement of basalt. These are basalt columns in the earth formed by lava, but only the tops can be seen, and, as the name suggests, they have the appearance of a paved church floor.

Day 5 Vik (35km) → Skogar (30km) → Seljalandsfoss(125km) → Reykjavik

(Hotel breakfast/Western lunch & Chinese dinner)

- Skogar is the common name for two farms, a school and the open air, communications and folk museum.
- Entrance to the **Skogar Folk Museum**, it was opened in 1949 and has been the responsibility by Mr. Thordur Tomasson. He started the collection of the artifacts and houses of the open-air museum, and in 2005 thirteen houses were standing on the museum grounds.
- Marvel the breathtaking view of the **Skogarfoss Waterfall**, a 60meters high and 25meters wide, and surroundings by the snow-capped of two towering glaciers.
- Inspired by the **Seljalandsfoss Waterfall**, the most famous waterfall in the world! It is very tall – somewhere around 60 meters. It is well developed loop trail that takes in the backside of the waterfall also, that makes the waterfall so famous. You can go all around the waterfall the photograph it, with the sun setting down, see through it and you can even see the waterfall move straight up into the sky when it is very windy.
- Continue our journey back to Reykjavik. Reykjavik, meaning 'Smoky Bay', was discovered in 874 by the Vikings and so named because of the steam which they found rising from the hot springs. In truth the country's northernmost City is anything but smoky as in fact it is totally smoke-free due to its reliance on geothermal heat.

- Our city sightseeing tour of Reykjavik including the ***City Hall***, an impressive building on the northern shore of Lake Tjornin. Stark and modern, it is the neural center of Reykjavik, connecting nature, water and bird life to the center of town. Next onto the ***Hallgrímskirkja church***, the largest church in Iceland (73 meters high), its tower can be seen from almost everywhere in the city. It is located at the top of central arts and designs shopping street Skolavordustigur. We also stop by the ***Seafront***, a popular area with beautiful view of Reykjavik's landmark mountain, Mt. Esja. A massive steel creation made to resemble a Viking ship sculpture Sun Voyager is located here.
- Passing by the ***Harpa - Reykjavik Concert and Conference Centre***, and also view ***The Pearl (Perlan)***, a remarkable building, built in 1988, unique in Iceland and probably in the whole world. On Oskjuhlid hill, atop the huge tanks in which natural hot water is stored for heating the city, a glass dome has been constructed. The dome also houses a café, while around the outside is a viewing platform with panoramic 360 degree views of the city and its surroundings.

Day 6 Reykjavik→ Narsarsuaq, Greenland (Hotel breakfast/Western dinner)

- Today we travel to Greenland by flight. The world's biggest non-continental island has the world's sparsest population. Nonetheless, scattered mainly along Greenland's west coast are dozens of photogenic little villages of colourfully painted wooden cottages, plus a few small towns as well as the capital, Nuuk Town.
- The ***Narsarsuaq*** is a nature lover's paradise. It is a settlement in the Kujalleq municipality in southern Greenland. It had 158 inhabitants in year 2010. There is a thriving tourism industry in and around Narsarsuaq, whose attractions include a great diversity of wildlife, gemstones, tours to glaciers, and an airfield museum. The name of the settlement means great plain in Greenlandic.
- After check in at the hotel, enjoy a walking tour around the town. The picturesque town is situated in a pot between Qaqortoq fjord and the great lake Tasersuaq. The town is characterized by colorful houses, gardens with flowers and herbs, a fountain from the 1930s and the modern stone sculpture project Stone and Man carved directly into the cliffs.

Day 7 Narsarsuaq → Reykjavik (Hotel breakfast/Western lunch)

- An exciting day ahead you to mesmerize ***the Iceberg & Qaqortoq Glacier boat tour***.
- Sailing among icebergs is truly an experience of a lifetime. One can never stop gazing at the amazing shapes, some so powerful, others so graceful; ever changing as the angle alters as you sail by. The colors are enchanting - hues of blue and green glistening in the sun, or the pure white looming mysteriously against a grey morning fog. A dark round shadow bobbing in the waves is a seal watching you visit its waters.
- In the afternoon, we transfer to airport for flight back to Reykjavik, Iceland.

Day 8 Reykjavik→ London → Kuala Lumpur (Hotel breakfast/Chinese lunch)

- ***A visit to the famous Blue Lagoon is not to be missed!***
The Blue Lagoon geothermal spa is one of the most visited attractions in Iceland. The steamy waters are part of a lava formation. The lagoon holds 6 million liters of geothermal seawater which is renewed every 40 hours. It is rich in minerals, silica and algae. The water's temperature is 37-39°C. The deepest part of the lagoon is around 5.2ft, but most areas are shallow. (Please note that the lagoon floor, although smooth, is naturally uneven). The lagoon is designed for relaxed bathing. So, while you can swim gently around the lagoon, its warm, cloudy water is not suitable for vigorous exercise. (Tower is provided by us, and please brings your own swim suit).
- After lunch, transfer to airport for flight home.
- Time to bid farewell to these mesmerizing destinations and bring home a wonderful memories of Iceland & Greenland!

Day 9 Arrived Kuala Lumpur!

- A warm Welcome Home!

Disclaimer: We reserve the right to alter the sequence or change, amend or alter the itinerary if necessary, with or without prior notice. The group departure is subject to a minimum group size of 20 paying adults. All flights and hotels are provisional and will be subject to our final confirmation.

Valid from April 2013 till further notice

~9天7晚~



迷人的冰岛与格陵兰岛之旅

(雷克雅维克-塞尔福斯-维克-纳萨尔苏瓦克)

团号: S9EIG-MH

精点:

1 联合国教科文组织世界遗产

冰岛:

- ✓ 游览冰岛西南部的雷克雅维克,它是世界上位置最北,纬度最高的首都
- ✓ 黄金圈,主要三个景点,辛格韦德利国家公园,居德瀑布及参观地热谷
- ✓ 面积最大的冰川之一‘米达思冰川’
- ✓ 游览史卡法特國家公園,是欧洲最大的国家公园
- ✓ 乘坐水陆两栖船欣赏千年冰河湖
- ✓ 游览最著名瀑布之一,圣嘉兰瀑布
- ✓ 游览蓝湖及享受大自然浸泡

格陵兰岛:

- ✓ 纳萨尔苏瓦克是格陵兰岛上的一个大自然小村庄!
- ✓ 乘船经验冰山及卡科尔托克冰川之旅!

城市/留宿次数:

冰岛: 雷克雅维克(3 晚)

塞尔福斯(1 晚)

维克(2 晚)

格陵兰岛: 纳萨尔苏瓦克(1 晚)

(旅游住宿星级以类似为标准)

美食

酸奶/熏羊肉/奶酪/腌制干鳕鱼/
羊肠及血肠/朗姆酒蛋糕

第一天 吉隆坡 → 伦敦 → 雷克雅维克, 冰岛

- 出发到位于冰島西南部的雷克雅维克,它是世界上位置最北,纬度最高的首都,距北极圈颇近; 它结合了丰富多彩的建筑,狂野的夜生活,独特的山光水色。
- 冰岛由火山爆发和冰川雕刻出迷人的风景,超乎想像的美丽。丰富的地热资源,永无止休的地热蒸汽,好像把这城市笼罩在一种仙境般的世界里。
- 抵达后,送往酒店休息。

第二天 雷克雅维克 (50 公里) → 黄金圈 (28 公里) → 塞尔福斯 (早餐/西式午&晚餐)

- 继续驱车往冰岛南部**黄金圈**,主要三个景点,辛格韦德利国家公园,居德瀑布及参观地热谷。
- 首先游览**温泉小镇**,有着丰富地热资源,善用于种植水果,蔬菜,及花卉等。
- 到**辛格韦德利国家公园**-位于冰岛西南部,靠近 Reykjanes 半岛和亨吉德火山地区。辛格韦德利地区具有非常重要的历史,文化和地质学价值,是冰岛最受欢迎的旅游目的地之一,也是冰岛最著名的大自然湖泊。
- 继前进居德瀑布-也可称为“**黄金瀑布**”在盖锡尔喷泉北面十公里处,是冰岛人最喜爱的瀑布,也是欧洲著名的瀑布之一,倾泻而下的瀑布溅出的水珠弥漫在天空,在阳光照射下形成道道彩虹,仿佛整个瀑布是用金子锻造成的,景象瑰丽无比,令游客流连忘返。
- 奇特的**间歇泉**也是冰岛著名的奇景,整个间歇泉区有大大小小几十口热喷泉,四处弥漫着水蒸气,喷出的水柱可高达数十公尺,蔚为奇观,而这充沛热能源也是冰岛的珍贵宝藏。

第三天 塞尔福斯 (133 公里) → 米达尔斯冰川 (42 公里) → 维克 (早餐/西式午&晚餐)

- 前往冰岛面积最大的冰川之一‘米达思冰川’。曾经在 1918 年爆发,火山口直径约 10 公里,火山呈椭圆形,是个活火山。
- 继续前往维克村庄,在冰岛的最南端。

- 游览维克小镇位于冰岛的最南端最著名的雷尼斯飞亚拉黑沙滩,这里沙子颜色之黑,源于火山爆发后喷出的黑色火山灰所造成。如果退潮还可以看见德霍拉鸟悬崖。

第四天 维克 (200 公里) → 杰古沙龙冰河湖 (60 公里) → 史卡法特国家公园 (170 公里) → 维克 (早餐/西式午&晚餐)

- 千年冰河湖位于瓦特纳冰川南端,是冰岛最大,最著名的冰河湖。湖底深达 200 米,也是冰岛第二深的湖。冰河的水湛蓝,清澈,很多形状各异超大冰块飘浮于湖面,也是著名的好莱坞电影“古墓丽影”和“蝙蝠侠”开战时的拍摄地点。乘坐水陆两栖船观赏形态各异的浮冰是该冰川游览的一大特色。
- 继续前往欧洲最大的史卡法特國家公園。它的周围都充满了山峰和冰川,惊叹般的瀑布,艳蓝白色的瓦特纳冰所覆盖着。
- 回途中,将停留在教堂农场镇,有如画卷般美丽。前往天然岩路,路面上已被冰川和海浪多年所侵蚀的路段。

第五天 维克 (35 公里) → 森林镇 (30 公里) → 圣嘉兰瀑布 (125 公里) → 雷克雅維克 (早餐/西式午餐/中式晚餐)

- 前往森林镇这神秘之旅。
- 参观森林镇著名景点-民俗博物馆,建于 1949 年,有着各种宗教的历史文化,形成了露天博物馆。
- 继往森林瀑布,它就位于森林镇的西侧。远远看去,森林瀑布犹如一条白色的丝带从山间坠下,美得让人惊讶。
- 圣嘉兰瀑布,最著名瀑布之一,景色非常壮观,瀑布从 60 米高的茂密森林飞奔直下,气势磅礴,在阳光的照耀下形成了美丽的彩虹,还有数不尽的绝美景色,让人叹为观止。
- 雷克雅維克冰岛语意为“冒烟的港湾”。公元 9 世纪挪威探险家英高尔夫阿纳森来此定居时,常常就看到岸上升起袅袅“白烟”,便给这个地方取名为雷克雅維克。其实,这里并没有什么白烟,阿纳森所看到的是温泉蒸腾出来的水汽,从此雷克雅維克便有了这样的一个名字。
- 前往雷克雅維克市政厅,展示了冰岛复杂的地理状况,更了解大自然。随往哈尔格林姆斯教堂,该教堂设计新颖,为管风琴结构,可容纳 1200 人,主塔高 73 米,可乘坐电梯上顶楼俯瞰首都全貌。位于中央艺术及购物街。停留在海滨区,可欣赏雷克雅維克 Esja 山的美丽景色。
- 途经哈帕音乐会和会议中心及珍珠馆,一栋很有造型的建筑,建于 1988 年。在 Oskjuhlid 山丘因为地势高,一直是雷克雅維克市区热水储存槽的所在地,中央是圆形玻璃构成顶,设有旋转餐厅,观景台,可以 360 度眺望整个城市的全景。

第六天 雷克雅維克 → 纳萨尔苏瓦克,格陵兰岛 (早餐/西式晚餐)

- 今天,我们乘搭航班飞往格陵兰岛。是世界上人口最稀疏和最大的岛屿。
- 纳萨尔苏瓦克是大自然爱好者的天堂,是旅游业蓬勃的国家。只因为居民少及周围有着种类繁多动物,是格陵兰的大平原。
- 观光这色彩缤纷的小村莊。奇花异草的花园及雕塑,远望风景如画,而高峰的悬崖有如雕刻般,而街边摆式着各式各样的艺术品,令人俨然觉得置身于大草原。

第七天 纳萨尔苏瓦克 → 雷克雅維克 (早餐/西式午餐)

- 全天乘船经验冰山及卡科尔托克冰川之旅。
- 开始体验泛舟之旅。纯白色若隐若现的神秘雾出现在眼前里,风景怡人,在阳光下如此美丽。
- 送往机场,再乘搭飞机飞回雷克雅維克-冰岛。

第八天 雷克雅維克 → 伦敦 → 吉隆坡 (早餐/中式午餐)

- 参观著名的蓝湖是冰岛最热门的景点之一。冰岛是个多火山的国家,蓝湖就位于一座死火山上。蓝湖不但是世界最大的温泉湖,更是远近闻名的休闲胜地。纯白的底,湛蓝的湖,荡漾的波,薄纱似的热汽飘浮在湖面,隐约中还能看见零星的几位浴者,这犹如童话里天女沐浴的仙境。尤其是白色的湖底,衬得湖水的蓝色更加醉人,更加圣洁。蓝湖湖底的白色物质是高含量的二氧化硅泥,二氧化硅有护肤作用(请注意湖底底滑及不平坦)可将身体浸泡在 37 度多的蓝湖水里,充分享受大自然的赐予(请自备泳衣)。
- 午餐后,送往机场乘搭国际航班飞返吉隆坡。
- 把冰岛和格陵兰岛美好的回忆带回家!

第九天 抵达吉隆坡

- 欢迎回到马来西亚!

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有效期从 2013 年 4 月起至另行通知